

Comprehensive Care for the Whole Family

Northwestern McGaw Family Medicine Residency at Lake Forest Hospital

Northwestern Medicine family medicine physicians are primary care physicians who provide compassionate, comprehensive health care for people of all ages, from newborns to older adults.

At Northwestern Medicine, we are committed to better medicine. That includes training the next generation of physicians to deliver even better care to our patients. Through Northwestern University, we are privileged to host the Northwestern McGaw Family Medicine Residency Program at Northwestern Medicine Lake Forest Hospital.

Resident physicians collaborate with faculty members from Northwestern University Feinberg School of Medicine. These faculty members are fully licensed, board-certified physicians, often referred to as attending physicians.

Why choose family medicine

Choosing a primary care physician is important for you and your family's health and wellness. Our family medicine physicians provide comprehensive care for patients of all ages, such as preventive medicine, treatment for minor injuries and illnesses, and chronic disease management. If you need to see a specialist, we can connect you with the appropriate physician and continue to coordinate your care.

To schedule an appointment, please call
847.535.7157 (TTY: 711).

Northwestern Medicine Grayslake Outpatient Center
1475 East Belvidere Road, Pavilion C, Suite 385
Grayslake, Illinois 60030

nm.org/locations/mcgaw-family-medicine-residency-lake-forest-hospital

Family Medicine Services

Physicals for people of all ages

- Routine physical examinations for adults and wellness visits for infants, children and adolescents
- Physicals for students of colleges and universities that require specific medical screenings
- School sports physicals
- Annual school physicals
- Age-appropriate cancer and heart disease screenings

Gynecologic and obstetric care

- Routine examinations and Pap smears
- Pre-pregnancy planning, prenatal care and deliveries
- Vaginal issues
- Colposcopies

Preventive care

- Vaccines
- Guidance about screenings, such as mammograms and colonoscopies
- Personalized advice on how to reduce the risk of life-threatening conditions such as heart disease, cancer and obesity

Treatment of a variety of acute problems

- Colds
- Flu
- Headaches
- Back pain
- Knee and shoulder problems
- Sports injuries

Management of chronic medical conditions

- Allergies
- Asthma
- Hypertension
- High cholesterol levels
- Obesity
- Sinusitis
- Tobacco cessation
- Thyroid disease

Grayslake Outpatient Center

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847.535.7157 | TTY: 711

Family Medicine



Deborah
Clements, MD



Joyce
Jones-King, MD



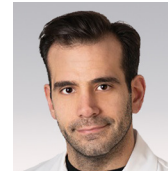
Adiba Khan, MD



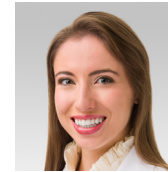
Ariel Magallon
Donnelly, MD



Krithika
Malhotra, PhD



Paul Ravenna,
MD



Anna Shannahan,
MD

Family Medicine Resident Physicians - North Team



Pablo da Silva,
MD, MPH



Megha Gangadhar,
MD



Francesca Meade,
MD



Caitlin Mink, MD



Estelle Rousseau,
MD



Ashley Watson, MD

Family Medicine Resident Physicians - South Team



Nithin Charlly, MD



Roxana Moraga, MD



Maribel Munoz, MD



Paarul Sinha, MD



Cassandra Smith,
DO



John Walton, MD

Family Medicine Resident Physicians - East Team



Rachel Bernardo,
DO



Lena Dennison, MD



Kelsey McAfee, MD



Jay Patel, DO



Jacqueline Story-
Remer, MD

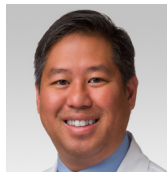


Keven Stonewall,
MD

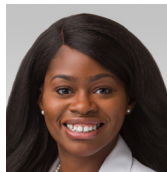
Family Medicine Resident Physicians - West Team



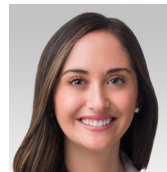
Nahae Kim, MD



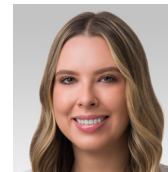
Jason Ng, MD



Janet Nwaukoni, DO



Bryanna Paunovich,
MD



Sandra Spychalska,
MD



KaHoua Yang, MD