

Each month the IPS team nominates a client, who has made great progress in the program, as the Client Champion of the Month.

*Client Quote:*

"My experience with the IPS program has been positively wonderful due to the exceptional employment specialists I have been blessed to work with. Justin and Arzy know their jobs quite well and have shown genuine care and concern for my job search, my mental health and overall well being. This truly means a great deal to me."

**IPS STATS**

Clients served by IPS: 48

Clients employed: 21

Jobs started in May: 2



**May's Clinician Champion is Madison Kling.**

Madison is a LPC and has been working for at NM for 8 months. She was nominated by the IPS team for her excellent communication that has benefited clients continued support of their mental health symptoms while being connected to employment services.

**What therapy team are you on?** *I am on the adult team for therapy. I have clients between 17 and 70 years old who I see for a wide range of concerns; however, I have the most experience in working with trauma and enjoy that the most.*

**What do you enjoy most about your job?** *Seeing my clients grow is my favorite part of the job. Hearing clients go from not wanting to talk about the future because they did not think they would have one to being excited about their future has been amazing.*

**What would you say to someone considering IPS?** *I would say that IPS is a fantastic resource that can help clients become more comfortable with the prospect of employment. I have seen clients who are so overwhelmed with the process of finding work become calmer and more confident in their abilities through this program.*

## 8 Key Principles of IPS

Zero Exclusion  
Worker Preferences  
Integrated Services  
Competitive Employment  
Rapid Job Search  
Benefit Planning  
Systematic Job Development  
Time-Unlimited Supports

## IPS Principle of the Month

### Integrated Services

IPS programs are integrated with mental health treatment teams. Employment specialists are assigned to 1- 2 mental health treatment teams where they attend weekly meetings to discuss referrals and caseloads.

Interested in learning more about the IPS Supported Employment Program?

For more information contact:

For more information contact:  
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## What is IPS?

Individual Placement and Support (IPS) is a model of supported employment for people with serious mental illness (e.g., depression, schizophrenia spectrum disorder, bipolar, ). IPS supported employment helps people living with behavioral health conditions work at regular jobs of their choosing. Although variations of supported employment exist, IPS refers to the evidence-based practice of supported employment, with the goal being the attainment and maintenance of competitive, preference-based job within the community.

### Benefits of Employment:

- Increased Financial Security
- Increased Community Connection
- Meaningful Activity
- Improved self-esteem
- Reduced substance use
- Reduced hospitalizations

### Get to know May's Clinician Champion of the month Madison!

**How do you take care of your Mental Health?** *The biggest way I take care of my mental health is by staying connected with my family and friends. I make the time to visit when I can, and plan times where they can visit me. Otherwise, even texting or facetimeing with them can brighten my day.*

**What's your favorite summertime activity?** *I enjoy doing DIY projects. I have stained, painted, and/or reupholstered for a few different pieces of furniture.*

**Last book you read?** *I am reading Eye Movement Desensitization and Reprocessing (EMDR) Therapy: Basic Principles, Protocols, and Procedures by Francine Shapiro.*