

# BEN GORDON CENTER BEHAVIORAL HEALTH SERVICES IPS MONTHLY NEWSLETTER

### March 2023

### **Client Quote:**

This month's Client Champion has recently obtained a new job opportunity in a field he did not previously consider. Through the use of skills learned with IPS the client kept searching for job opportunities to further his career.

"IPS showed me how to look for work opportunities, deal with any previous short comings, and helped me over come my fears about work. My employment specialist pushed me to put myself out there and taught me how to be more positive. It was also nice to

Each month the IPS team nominates a client, who has made great progress in the program, as the Client Champion of the Month. get new perspective and learn new skills."

### **IPS Stats**

Clients served by IPS: 48 Clients employed: 21 Jobs started in March:

1



### What is your favorite part of working in IPS?

Of course, when clients have job starts or reach either 15, 45, or 90 days of employment, but I really love hearing about employer contacts. What are employer contacts you ask? IPS team members develop on going relationships with employers to learn about hiring practices, culture, job responsibilities, and so on. This in turn helps to support clients in being linked with an employer that best meets their preferences. So cool!

# **ES Spotlight**

### Meet Jasmine Sronkoski,

Manager of Adult Community Support Services

Jasmine has been working at BGC since June 2020. She is the Manager of multiple programs, including IPS!

Last book you read: It takes me well over a year to finish a book...so I read a poem a day. Today's poem was from 'A Shropshire Lad- XXXII.' by A. E. Housman. It's a collection of sixty-three poems about love, idealism, youth, war, and the countryside.

Assigned Team: Behavioral Health Services Manager, Community Support Programs. Previously Community Support Team [CST] Lead.

How do you take care of your mental health? Lots of ways! I find time to be in nature, be creative, & be still. I make sure to walk, stretch, eat, hydrate, laugh & cry! (almost daily).

**Best Career Advice?** "Allow yourself to be a beginner."

# Employment Opportunities

## Northwestern Medicine Behavioral Health

Are you interested in working in community metal health?

Come join the IPS Team!

We have both a full time and part time IPS Employment Specialist position open.

Behavioral Health IPS Employment Specialist - Fulltime, Days, \$2,500 Sign-On Bonus

Be part of something better. Learn more about benefits and job openings at Northwestern Medicine at jobs.nm.org.

# What is IPS?

Individual Placement and Support [IPS] is the evidence-based practice model of Supported Employment: IPS is proven through research to be the most effective approach to helping individuals with severe mental illness [SMI] to return to the workforce; with the goal being the attainment and maintenance of competitive, preference-based job within the community.

### Benefits of Employment:

- Increased Financial Security
- Increased Community Connection
- Meaningful Activity
- Improved self-esteem
- Reduced substance use
- Reduced hospitalizations

### IPS Principle of the Month

#### Worker Preferences

IPS program services are based on each job seeker's preferences and choices rather than the employment specialist's and supervisor's judgments.

### 8 Key Principles of IPS

Zero Exclusion Worker Preferences Integrated Services Competitive Employment Rapid Job Search Benefit Planning Systematic Job Development Time-Unlimited Supports

Interested in learning more about the IPS Supported Employment Program?

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