

# BEN GORDON CENTER BEHAVIORAL HEALTH SERVICES IPS MONTHLY NEWSLETTER

#### June 2023

# **IPS News:**

The IPS team at The Ben Gordon Center is in the process of expanding their services to youth clients. Previously, participation in IPS has only been available to clients 18 and older. With a fully staffed IPS team, we are looking to accept referrals for working age youth clients. More updates to follow!



## IPS STATS

Clients served by IPS: 56 Percent of clients employed: 37%

# **ES Spotlight**

Meet Gabe Gonzalez, IPS Employment Specialist

We are excited to welcome Gabe Gonzalez to the IPS team. Gabe is one of our two new Employment Specialists that have recently started here at the Ben Gordon Center. Gabe started June 1st 2023.

Assigned Team: Adult Team

Last book you read: "Crying in H Mart" by Michelle Zauner

F**avorite travel destination:** New Orleans

My favorite part of working on the IPS team? My favorite part of working with IPS is the creative freedom assist clients in figuring out

their employment goals and discovering their dream job!

How do you take care of your mental health? I take care of my mental health by spending time with my dog, Cash.

### IPS Principle of the Month

#### Systematic Job Development

Employment specialists systematically visit potential employers, who are selected based on the job seeker's preferences, to learn about their business needs and hiring preferences.



# What is IPS?

Individual Placement and Support (IPS) is a model of supported employment for people with serious mental illness (e.g., depression, schizophrenia spectrum disorder, bipolar, ). IPS supported employment helps people living with behavioral health conditions work at regular jobs of their choosing. Although variations of supported employment exist. IPS refers to the evidence-based practice of supported employment, with the goal being the attainment and maintenance of competitive, preference-based job within the community.

#### 8 Key Principles of IPS



#### **Benefits of Employment:**

- Increased Financial Security
- Increased Community Connection
- Meaningful Activity
- Improved self-esteem
- Reduced substance use



Zero Exclusion

Worker Preferences

**Integrated Services** 

Rapid Job Search

**Benefit Planning** 

**Competitive Employment** 

Systematic Job Development

**Time-Unlimited Supports** 

#### Celebrating Pride Month

In honor of Pride Month below are several resources striving to provide support to the mental health of individuals in the LGBTQ+ community.

The Trevor Project (www.thetrevorproject.org)

National Suicide Prevention Lifeline | 1-800-273-TALK (8255) | ( www.suicidepreventionlifeline.org)

> LGBTQ Health Care Directory (lgbtqhealthcaredirectory.org)



### IPS Facts:

IPS Employment Specialists have a maximum caseload of 20 clients for full time staff and 10 clients for part time staff. This is so our clients are given appropriate time, attention and support.

Interested in learning more about the IPS Supported Employment Program?

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