

Client Quote:

"IPS was instrumental in transitioning from severe Covid back into the workplace."

ES Spotlight

Meet Cecilia Arana,

IPS Employment Specialist

Cecilia has been working as an Employment Specialist at BGC since May 2022. Her favorite part about working in IPS is watching her client's achieve their employment goals.

Last book you read:

Tomorrow and Tomorrow and Tomorrow by Gabrielle Zevin

Best career lesson:

Communication is so important. It can be the root of many misunderstandings, issues, and conflicts. Always share your point of view and perspective.

Favorite travel destination:

Costa Rica

Assigned Team: Adult and CSP/
CST

What's your favorite food? Any form of pasta. Especially rigatoni with vodka sauce.

How do you take care of your mental health? I prioritize self care and time with family.

IPS Stats

Clients served by IPS: 45

Job Starts in January: 2

Percent of Clients
employed: 46%

What would you say to someone thinking about participating in IPS?

"IPS can be a great intervention even if you are unsure about work. Whether you're looking to work 4 hours a week or 40, we're here to help you meet your goal."

-Cecilia Arana, IPS Employment Specialist



Employment Opportunities

Northern Illinois University

-POOL FOR ANTICIPATED OPENINGS IN HHS SURVEY RESEARCH LAB | Part Time| Position Number: 00012704

-Office Support Specialist |Full Time| Position Number: 00002014

To apply and obtain more information go to: <https://employment.niu.edu/>

Cracker Jax

-Store Associate| Part Time|

Apply in person at: 118 N 3rd St, DeKalb, IL 60115

What is IPS?



Individual Placement and Support [IPS] is the evidence-based practice model of Supported Employment: IPS is proven through research to be the most effective approach to helping individuals with severe mental illness [SMI] to return to the workforce; with the goal being the attainment and maintenance of competitive, preference-based job within the community.



Benefits of Employment:

- Increased Financial Security
- Increased Community Connection
- Meaningful Activity
- Improved self-esteem
- Reduced substance use



IPS Principle of the Month

Worker Preferences

IPS program services are based on each job seeker's preferences and choices rather than the employment specialist's and supervisor's judgments.

Interested in learning more about the IPS Supported Employment Program?

For more information contact:
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8 Key Principles of IPS

Zero Exclusion
Worker Preferences
Integrated Services
Competitive Employment
Rapid Job Search
Benefit Planning
Systematic Job Development
Time-Unlimited Supports

